

HAVE YOU EVER REALLY LOOKED AT THE INGREDIENTS IN MEAL REPLACEMENTS?

Standard institutional products market themselves as healthy and nutritious, but the overwhelming majority of them are nothing but harmful sugar and chemicals.



Leading brands have nearly **4x** the number of ingredients, **10-fold** the amount of sugar, **1/2** the amount of protein and almost **no fiber** compared to Levana™ Meal Replacement.

Levana™ Meal Replacement has nutrient-dense, real food ingredients for maximum nutrient absorption and better health.



Leading Brand

Nutrition Facts

1 serving per container
Serving size 1 Pouch (50g)

Amount Per Serving
Calories 230

% Daily Value*	
Total Fat 13g	17%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 13g	5%
Dietary Fiber 7g	25%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 15g	30%
Vitamin D 7mcg	35%
Calcium 106mg	8%
Iron 5mg	30%
Potassium 465mg	10%

Ingredients: Ground sunflower seeds, ground chia seeds, ground golden flax seeds, ground hemp seeds, pea protein powder, avocado powder, ground pumpkin seeds, matcha tea powder, vanilla bean, pink salt, stevia leaf extract (Rebaudioside A)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

1 serving per container
Serving size 1 Bottle (8 fl oz)

Amount Per Serving
Calories 220

% Daily Value*	
Total Fat 6g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 32g	11%
Dietary Fiber <1g	<4%
Sugars 15g	
Protein 9g	18%
Vitamin D	50%
Calcium	30%
Iron	25%
Potassium	11%

Ingredients: Water, Corn Matodextrin, Sugar, Milk Protein Concentrate, Soy Oil, Soy Protein Isolate, Sucromalt, Canola Oil; Less than 0.5% of: Corn Oil, Magnesium Phosphate, Potassium Citrate, Cellulose Gel, Natural and Artificial Flavor, Salt, Calcium Phosphate, Sodium Citrate, Calcium Carbonate, Potassium Chloride, Choline Chloride, Ascorbic Acid, Cellulose Gum, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Liquid Sucralose, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Cupric Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3 and Cyanocobalamin.
CONTAINS MILK AND SOY INGREDIENTS.

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Levana™ Meal Replacement is a meal by itself, but can be further fortified when mixed with milk, milk alternative or juice, or by adding it to your favorite dishes.

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